

# Trekking



- 1** Monte Lema – Alpe di Cima Pianca – Migliegla 3 h

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- 2** Monte Lema – Tramboschino – Casera – Migliegla 2 h 30 min.

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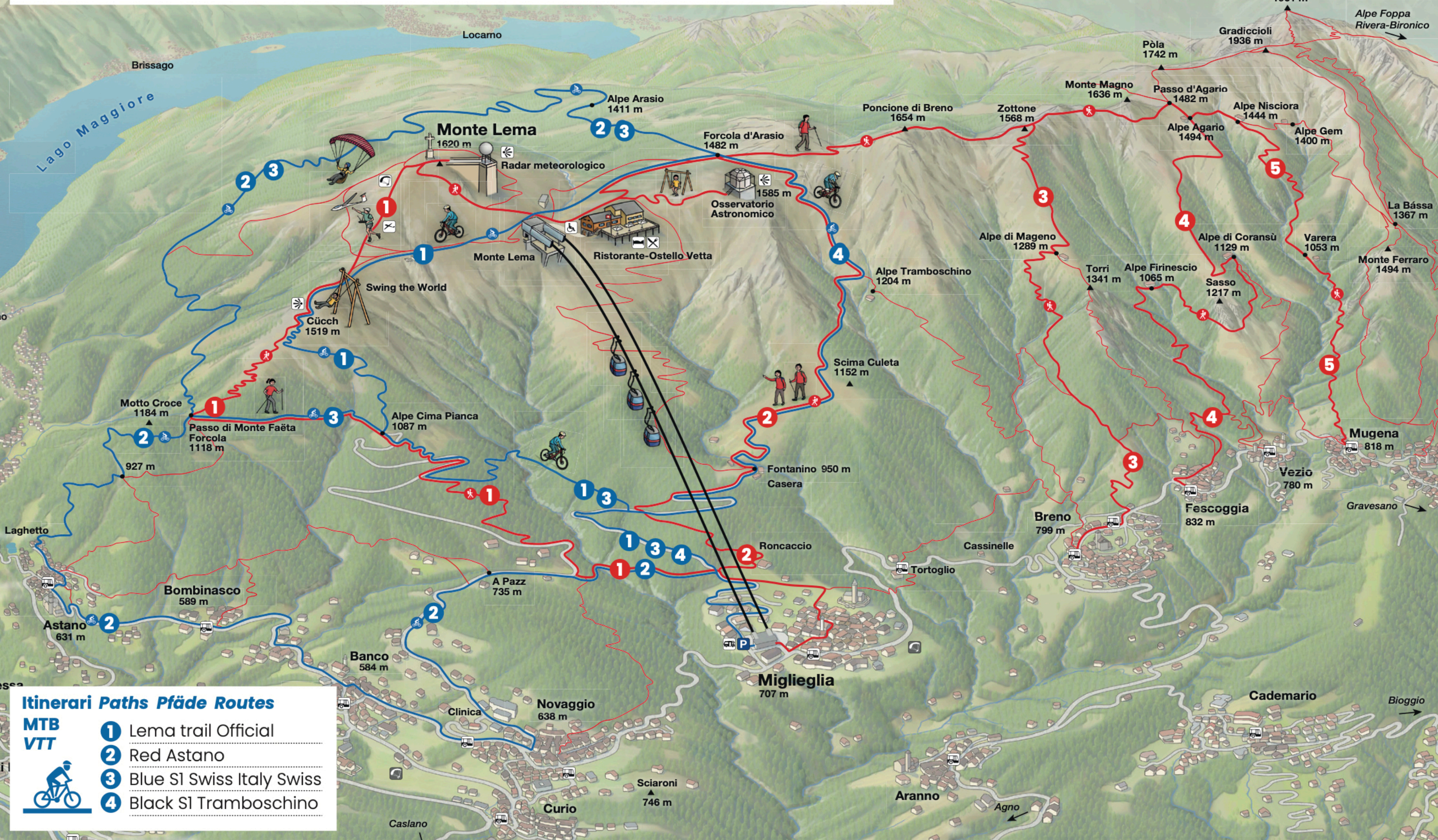
- 3** Monte Lema – Alpe di Mageno – Breno 3 h

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- 4** Monte Lema – Alpe Agario – Alpe di Coransù – Alpe Firinescio – Fescoggia 4 h 30 min.

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- 5** Monte Lema – Alpe Agario – Alpe Nisciora – Varera – Mugena 4 h



**Itinerari Paths Pfäde Routes**

**MTB**  
**VTT**

- 1** Lema trail Official

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- 2** Red Astano

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- 3** Blue S1 Swiss Italy Swiss

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- 4** Black S1 Tramboschino