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# Lema-Tamaro

## **Guided Tour**

Guide: Italian - German - English
Some parts of the route will be on the ridge

A spectacular hike suspended between civilisation and wild valleys. The Monte Lema - Monte Tamaro traverse is one of the most beautiful hikes in Ticino. The spectacular panorama enjoyed throughout the hike embraces the Lugano, Locarno, the valleys, the lakes and the Swiss Pre-Alps all at once. The view sweeps from Ticino to Valais and Italy.

# Programme:

08.30

Arrival in Miglieglia

8.45

Ascent by cable car

09.00

Coffee and croissant at Restaurant Vetta da Güsti

12.30

Lunch

**16.00** approx.

Descent by cable car from Monte Tamaro

**16.1**5

Return to Miglieglia by private bus

**17.00** approx.

Return to Miglieglia

### Cost Chf 60.—

### Including:

- cable car
- guide (I/GB/DE)
- coffee + croissant at the Restaurant summit from Güsti
- Special transport to Tamaro by shuttle bus

Payment is made directly at the ticket office

### Additional information:

- Length: 13.1 km;
- Difference in altitude
   Ascent / Descent: 962 m / 933 m;
- Minimum altitude / Maximum altitude 1410 m / 1602 m;
- Duration: 5 hours without breaks
- Technical difficulty: Medium T2;
- Some parts of the route run along the ridge (sure-footedness is a prerequisite);
- Booking required by 23 September 2023: riservazioni@lemamountain.ch
- The event may be cancelled in the event of bad weather;
- Recommended clothing: sportswear, windbreaker, mountain boots;
- Participants must reach the meeting point independently;
- Free parking available on site;
- The offer cannot be combined with other promotions.



